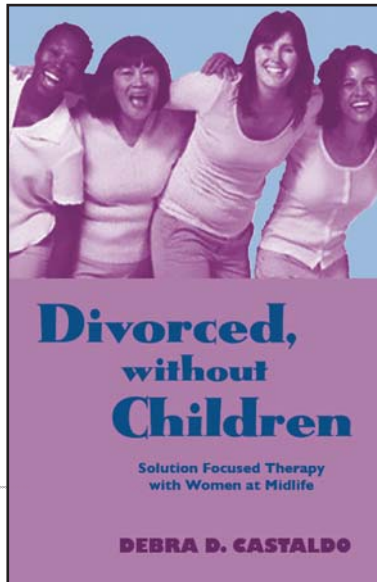


# Divorced, without Children

## Solution Focused Therapy with Women at Midlife

Debra D. Castaldo



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This timely volume explores the experience, meaning, and impact of divorce at mid-life for women without children. Case examples, clinical themes, treatment recommendations, and coping techniques and strategies are presented along with new concepts for women's psychological development. At the same time, this client population is viewed not from a deficit perspective, but from a strength perspective with a sensitivity to their experiences within the context of contemporary cultural and societal values. In *Divorced, without Children: Solution Focused Therapy with Women at Midlife*, Dr. Castaldo provides insights into the unique stressors and issues confronting these individuals so that practitioners can better anticipate and meet their needs.

### Early Praise for *Divorced, without Children*

"Merging qualitative research and clinical acumen with keen psychological insights derived from personal experience, Dr. Castaldo has achieved something rare in contemporary professional literature. Her book serves both as an innovative, relationally-based, solution-focused treatment model for clinicians and as a source of inspiration, validation, and courageous course of action for women divorcing at midlife without children. Clinicians and clients alike will benefit from the powerful narrative accounts of women who have successfully attained a non-stigmatizing appreciation of their autonomous competence."  
- **Carol Tosone, PhD**, Associate Professor, New York University School of Social Work and Editor-in-Chief, *Clinical Social Work Journal*

### About the Author

Debra D. Castaldo, Ph.D., is an adjunct faculty member at the Columbia University School of Social Work and Rutgers University School of Social Work.

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